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CREDIT CHAMPIONS



Meet: Ben Stern #teentrepreneur



- he is the inventor or Nohbo drops, a single-use eco-friendly shampoo pod.
- ♦ At the age of 14, Benjamin Stern watched a documentary that pointed out how much plastic goes unrecycled, especially things like shampoo bottles.
- he learned that by year 2050 there could be as many plastic bottles in the ocean as there will be fish.
- The spark for it all came from Ben Stern's love of nature, passion to create, and frustration at the current state of the world
- he had an "aha" moment realizing that the whole reduce and reuse routine was merely delaying the inevitable. The real magic trick to cut down on plastic? Kicking it to the curb altogether!
- Nohbo shampoo pods are solid until mixed with water, so that they can't leak in your bag or cause difficulties at airport security.
- Being eco-friendly is at the heart of the product - Stern notes that the pods are "all plant-based, animal and cruelty free, and paraben and sulfate free".

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Summer Boredom Hacks

Volunteer:

Volunteering is one of the most selfless acts a person can do. It's all about experiencing things as someone else experiences them. and making life a little better.

Volunteering is about making a difference and growing as a person. If you have the opportunity to impact someone else's life, it will always change your own. The thanks you get from something as small as collecting trash or walking shelter dogs is enough to show the impact you can have.

Get Active:

Wondering how to keep busy during the summer? There's no time like summertime to get active. Take walks outside, plan to meet friends at the pool and, if you're preparing for fall sports, remember to spend time in the gym or at practice.

Learn a new skill:

During the school year, you focus on learning, writing, and math. Then there's science, music lessons, and after-school sports. Summertime is a great time to explore a new hobby, such as painting, drawing, or programming.

Or, maybe you have a love of reading – try to spend time browsing the shelves at the library and indulging in a new book each week.





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